

**Northeast Iowa Wellness & Recreation Center
Youth Volleyball League Agreement
September - October 2019**

Part I- Rules and Regulations for all NEIAWRC Youth Sports

1) **Everyone plays as equal an amount as possible**

Everyone should play at least half of the game, no one should play the entire game.

2) **Safety First**

Constant supervision of players to stop any unsafe activities.

3) **Fair Play**

Fair play is about playing by the rules and more. It's players showing respect for all involved in sports. It's about being a role model of good sportsmanship and guiding all players to do the same. **Remember we're more interested in developing children's character through sports than developing a few highly skilled players.**

4) **Positive Competition**

We make decisions that put the best interests of all the players, both our players and opponents, before winning the contest-that's the right perspective on competition at this level.

5) **Family Involvement**

We want to get to know our players' parents. We strongly encourage parents to help conduct practice and help with games. Parent volunteers are encouraged and appreciated.

6) **Sport for all**

Regardless of talent or ability, our program is for everyone.

7) **Sport for FUN!**

If we take the fun out of the sport for the children we risk taking the children out of the sport.

PART II-Value

The NEIAWRC expects that players, coaches, parents and spectators follow these guidelines. Character development is the major reason that youth sports are important. Sports are important because they are a great tool in establishing character in young people. Please emphasize the importance of team work and the qualities of a good team when you are working with players and parents.

Part III- Communication

Communication is a major part of our society and is a major part of coaching. As parents and coaches in this league you will communicate in a positive way. This means you will:

- Talk to players in a manner so as not to ridicule when they make mistakes, but to teach the correct way to do it with emphasis on the positive.
- Communicate with staff, coaches, and other parents the ideas that are in this contract.
- Communicate with officials in a proper way. You should not be hollering/questioning/arguing etc at/with officials at all during a game.
- If there is something in particular that you want the officials to call against your own team so as to support a teaching point that you have made during practice you will communicate that to the officials before the game.
- If you have a problem with the officiating, you will hold off until between matches and politely and calmly let the official know what your complaint is.
- If any parents/spectators are demonstrating poor character and unsportsmanlike conduct they can be removed at the request of an official or coach.
- AT NO TIME WILL HOLLERING OR BICKERING AT OFFICIALS BE TOLERATED! You are not only a role model to your children and players, but you also represent your school and community. You show that with your conduct while coaching and maintaining self control and respect at all times. If it is a serious matter that is not rectified you will communicate the problem to Gibson Berns or Melanie Bauch.
- Communicate effectively during games. There is no reason to be yelling throughout an entire game at the kids. Let them play the game. Encourage players often, but instruct during play sparingly. Players should be focusing on their performance during a game, not on instructions shouted from the bench. The vast majority of coaching should be done in practice and in using examples in the game as coaching points with the players on the bench.
- Most importantly, make sure the kids are having fun.

PART IV – General Volleyball League Rules

1. Each site will have 5th & 6th grade playing, 5th grade first and 6th grade second (If possible).
2. Matches will be best of 5 games. Games 1-4 will go to 25. However, games that go past 25 will have a cap at 28. Which means a score of 28-27 is a final score. Game 5 will be first to 15.
3. Visitor gets first serve and goes back and forth for best 3 out of 5. And that if it needs to go to all 5 then all 5 games must be played unless agreed by both teams.
4. Serving line will be moved in 5 to 10 feet for the purpose of learning development. There will be no foot faults on serves. Regular out-of-bounds lines will be played once the serve takes place.
5. Net will be lowered to 6' 6" in height (If possible). Regulation women's height is 7'4 1/2" in height.
6. Each team will have 2 timeouts per game.
7. There will be no limitations on substitutions. Must be done on dead balls. Please let your girls play all the way around.
8. Each site will use the volley-lite balls for games.

PART V-Specific Rules based on Grade

- **5th Grade Rules** –
- The server may have a second attempt to achieve a successful serve over the net (whether it hits the net or it was out).
- **6th Grade Rules** –
- The server only has one attempt to achieve a successful serve over the net.

PART VI -Host School Responsibilities:

- 3 volunteer officials
- 1 game ball / Warm-up balls
- 1 scoreboard with clock and operator
- Verify who is attending your site by calling all visiting teams at least 3 days prior to hosting to confirm games and times, and call all teams regarding weather related announcements.
- Also let us know if you will have a concession stand and entry fee.

PART VII- Team Registration & League Information:

1. Each Team pays \$50.00 with their registration form (below) to the NEIAWRC by **August 31st, 2019**
2. League play begins on Sunday, September 8, 2019 and runs through Sunday, October 13, 2019.
3. We would like to consider the possibility of offering a final week tournament hosted at NEIAWRC, please let us know if you will participate and send us your team record and we will seed teams for the tournament. Dates to be determined by number of teams and any rescheduled games.

Gibson Berns - Youth Sports Coordinator
Northeast Iowa Wellness & Recreation Center
563-864-9622
youth@neiawrc.org

BUMP, SET, SPIKE!

Northeast Iowa Youth Volleyball League

To register your team, please complete this form with legible penmanship and return to the Northeast Iowa WRC by August 31, 2019 with payment.

Organization's Name: _____

Organization Contact (First & Last): _____

Phone: _____ Email: _____

Team 1 Grade: _____

Coach's Name (First & Last): _____

**Coach must be at least high school Junior or age 16.*

Phone: _____ Email: _____

Team 2 Grade: _____

Coach's Name (First & Last): _____

**Coach must be at least high school Junior or age 16.*

Phone: _____ Email: _____

Team 3 Grade: _____

Coach's Name (First & Last): _____

**Coach must be at least high school Junior or age 16.*

Phone: _____ Email: _____

Team 4 Grade: _____

Coach's Name (First & Last): _____

**Coach must be at least high school Junior or age 16.*

Phone: _____ Email: _____

League Agreement Acknowledgement

I certify that I have received a copy of the Northeast Iowa WRC Volleyball League Agreement. I fully understand the contents of the league agreement and agree to follow all ground rules and guidelines outlined. I have read and agree to abide by and enforce the Northeast Iowa WRC Volleyball League Agreement.

Organization Contact/Coach Signature: _____

Date _____

Please check appropriate line(s) (make checks payable to "Northeast Iowa WRC"):

_____ **\$50.00 Fee for team 1 registration (paid by organization)**

_____ **\$50.00 Fee for team 2 registration (paid by organization)**

_____ **\$50.00 Fee for team 3 registration (paid by organization)**

_____ **\$50.00 Fee for team 4 registration (paid by organization)**