



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Northeast Iowa YMCA
5th, & 6th Grade
Volleyball Team Registration

PART IV – General Volleyball League Rules

1. Each site will have 5th & 6th grade playing, 5th grade first and 6th grade second (If can).
2. Matches will be best of 5 games. Games 1-4 will go to 25. However, games that go past 25 will have a cap at 28. Which means a score of 28-27 is a final score. Game 5 will be to 15.
3. Visitor gets first serve and goes back and forth for best 3 out of 5. And that if it needs to go to all 5 then all 5 games must be played unless agreed by both teams.
4. Serving line will be moved in 5 to 10 feet for purpose of learning development. There will be no foot faults on serves. Regular out-of-bounds lines will be played once the serve takes place.
5. Net will be lowered to 6' 6" in height (If can). Regulation women's height is 7'4 1/2" in height.
6. Each team will have 2 time-outs per game.
7. There will be no limitations on substitutions. Must be done on dead balls. Please let your girls play all the way around.
8. Each site will use the volley-lite balls for games.

PART V-Specific Rules based on Grade

- **5th Grade Rules –**
 - The server may have a second attempt to achieve a successful serve over the net (whether it hits the net or it was out).
- **6th Grade Rules –**
 - The server only has one attempt to achieve a successful serve over the net.

PART VI -Host School Responsibilities:

- 3 volunteer officials
- 1 game ball / Warm-up balls
- 1 scoreboard with clock and operator
- Verify who is attending your site by calling all visiting teams at least 3 days prior to hosting to confirm games and times, and call all teams regarding weather related announcements.

PART VII- Team Registration & League Information:

1. Each Team pays \$50.00 with their registration form (below) to the YMCA by August 31st, 2018
2. League play begins on Sunday, September 9, 2018 and runs through Sunday, October 14, 2018.

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#neiavouthvolleyball